



King Institute, LLC

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## **Highly Suggested**

### **“Covid, Delta Variants, Omicron” and other Influenza Types for PREVENTION:**

**LUMBROKINASE** Enzymes: 40mg per dose: Take 1x weekly on empty stomach (approx. 45 minutes before food).

**Zinc** 50 mg or more 2x/day minimum with food

**Vitamin D3** 5000 IU minimum suggested, but 15,000 or more units works better 1x daily (form=oil - Perque brand) hold Under Tongue for 2 minutes. BEST Preventative for Covid or Delta variants is Vitamin D3 oil daily. To insure your blood level is enough you can check by getting a blood test for vitamin D level. Too high is better than to low.

**Vitamin C** 2x/daily (1 tsp. of buffered powder in morning 1 hour before any food, medication, supplements - 4-6 gm. in water). Second dose= 1 tsp. of Liposomal Vitamin C (liquid) at bedtime (15 minutes prior to bed).

**Quercetin:** 1 cap 2x daily (ave. 250 mg per capsule) with food.

**Olive leaf extract** (caps) 1- 1x daily with or without food (prefer **Gaia** brand for potency). Can take without problem.

**Beta-Glucan** 1cap -2x daily 30 minutes before food.

**Nasal flush** (pump bulb or motor pump to effectively get deep into sinuses): If no current postnasal or any sign of sinus or drainage issue, then flush sinuses 1-2x per week. Saline flush and can add 1 or 2 drops diluted Iodine (Lugol's brand 2% or 5%) into saline solution to flush. If any sinus issues exist to any degree: Flush sinuses, as above, before bedtime on weekdays. Iodine kills viruses and cancer cells on contact, and more... **NOTE: More effective for this purpose than nasal flush is to use a Nebulizer (see instructions on last page).**

**TKM:** Keep pulses balanced; especially 4th stratum (CDC 1 year study on Covid cases concluded FEAR made people the most susceptible to said Covid/Delta...); Keep #3s open as well as #15s, #23s, and Kidney sequences. Median sequence daily, if not twice daily. Exercise: stretches, cardio (according to health ability) and resistance exercise at least every day. Drink plenty of clean water (according to body weight - 1 oz per 1 lb. of body weight).

**PLUS see last page (8).**

## “Covid or Delta Variants, Omicron”.. TREATMENT:

**LUMBROKINASE** Enzymes: 40mg per dose: Take up to 1 cap 2x daily on empty stomach (approx. 45 minutes before food). **Vaxxed**: Take up to 3 caps 4x daily on empty stomach (approx. 45 minutes before food). It is 300 times stronger than Serrapeptase!

**Zinc** 100 mg or more 4x/daily minimum with or without food.

**Vitamin D3** 20,000 units or more 1x daily (form=oil - **Perque** brand) hold Under Tongue for 2 minutes.

**Vitamin C** 2x/daily (1 rounded tsp. of buffered powder in morning 1 hour before any food, medication, supplements = 6-8 gm. in water). Second dose= 2 tsp. of Liposomal Vitamin C (liquid) at bedtime (15 minutes prior).

**Vaxxed** = Best to take Vitamin C buffered powder to bowel tolerance (don't understand- contact us), or 1 heaping tsp. in morning 1 hour before any food, medication, supplements = 12 -15gm in water.

**IV of vitamin C** is great, if available (**Vaxxed** = Really needs IV)

**Quercetin**: 2-3 caps 2x daily with food (**Vaxxed**= 3 caps 3x daily)

**Olive leaf extract** (caps) 2 caps or more 3-4x daily (with or without food). Prefer **Gaia** brand for potency). Can take more without problem.

**Beta-Glucan** 2 caps -3x daily 30 minutes before food.

**Alpha Lipoic Acid** 1 cap (400mg) 2x daily (**Vaxxed** = 2 caps 2x daily)

**Activated Charcoal** 1 cap 1x daily with or without food (**Vaxxed** = 2 caps 2x daily for 10 days then regular dose).

**Chlorella** 10 tablets 1x daily with or without food (more effective may be needed if severe, contact us for help (**Vaxxed** = 15 tablets 2x daily with or without food. PLUS, EDTA liquid 1 oz 1x daily after breakfast for 10 days, then regular dosage).

**Nasal flush** (A pump bulb or motor pump to effectively get deep into sinuses): Flush sinuses properly nightly before bed with Saline flush; can add 2-3 drops of diluted Iodine (Lugol's brand 2% or 5%) into the saline solution to flush. You can also add a few drops of diluted Food Grade hydrogen peroxide. Continue to flush nightly for several weeks. Iodine kills viruses and cancer cells on contact, and more... NOTE: **More effective for this purpose than nasal flush is to use a Nebulizer (see instructions on last page 8).**

**IVERMECTIN**: by prescription or vet (previous studies confirmed certain vet products effective for humans, although prescription is Best). If by prescription, follow daily dosage by weight. If by vet source (50 ml bottle for cow & swine vs paste), use standard calculation: 1ml/cc per 110 lbs. of body weight. Dosage should always be by body weight 1x daily on empty stomach in the morning at least 30 minutes before food... (Don't take vitamin C around that time).

Under dosage may not work and over dosage may be harmful.

Draw it out of the bottle with a 3cc syringe (20 or 21 gauge needle - because it's a thick solution), after wiping the rubber top with a sterile gauze or sterile cotton ball saturated with 80 proof ethanol (keep sterile). Let the ethanol completely air-dry after wiping the top before drawing up the Ivermectin. Then, you can push into capsules and take orally, or squirt into mouth carefully and swallow (Do NOT Inject).

Keep liquid Ivermectin refrigerated after first dose/use. I do not suggest Ivermectin as a preventative, although you may take at the very first slight signs of anything. I know of cases where it has not worked as a preventative/prophylaxis, but early treatment is very effective.

**Hydroxichlorquine:** Dosage (pubmed for Covid) proposed for a 70 kg (154 lb) adult with moderate said COVID-19/Delta symptoms...; 600 mg upon diagnosis, 400 mg after 12 hours, 300 mg after 24 hours, 200 mg after 36 hours, followed by 200 mg BID (2x daily) for 4 days, followed by 200 mg OD (1x daily) for 5 days.

Do Not use on someone less than 61 lbs weight (rather use Ivermectin by weight).

More severe cases start with 800 mg Hydroxichlorquine. You may research for more recent changes in information at time of need at: <https://pubmed.ncbi.nlm.nih.gov/32933365/>

**Regeneron** (monoclonal antibodies, which is used for snake poison anti-venom) can also be used if you have a resource.

**Vaxxed: Important to use!**

**Budesonide inhaler: It prevents the spread - stops it in its tracks, esp in lungs.**

**Follow instructions ONLY as Needed when infected. NOT for preventative, it is a steroid!**

**Vaxxed** = Use it!

**IMPORTANT NOTES:** It is vital that treatment be started right away upon onset of symptoms, especially within first 3 days. Case in point: A young athletic man in his early twenties had flu type symptoms and did not start treatment as did the rest of his family infected, thinking he is strong and healthy and will just recover. His family did recover and he became more ill quickly and did not start serious treatment for at least a week and died in less than two weeks because his system was too over taken by the infection (unique invasion of his human system). Moral: Just treat a cold or flu symptoms as if it may be a variant and get it done. Better to assume safely than risk possible consequences if wrong.

**True Established Science:** Masks do not prevent viral infection, never have/never will (virus particles are too small, plus it takes more prolonged exposure to contract a virus. Not even triple masking will prevent penetration of an actual virus.

**Good hygiene** is always good and always has been.

**Fresh air** is the least likely environment to contract a virus. Indoor stale air is much more of a friendly environment to contract a virus, aside from being altogether unhealthy.

**TKM:** Keep pulses balanced; especially 4th stratum (CDC 1 year study on Covid cases concluded FEAR made people the most susceptible to covid); Keep #3s open/functioning as well as #15s (especially 15s due to the relation of blood clots - maximize for medium to severe cases), #23s, Kidney, and 3rd MOC SEQUENCES. Median sequence daily, if not twice daily. **NOTE:** Most said Omicron cases are mild and short.

**Vaxxed** = Maximize TKM daily!

## **“Covid/Delta” LONG HAULERS SYNDROME**

(Possible lingering and new developing after-effects of initial recovery from the virus -  
can be from weeks to months or more).

**LUMBROKINASE** Enzymes: 40mg per dose: Take up to 1 cap 2x daily on empty stomach (approx. 45 minutes before food). **Vaxxed:** Take up to 3 caps 3x daily on empty stomach (approx. 45 minutes before food).

**Zinc** 100 mg or more 2x/day with or without food.

**Copper** 2mg 1x daily with food.

**Diet:** No grains, beans, nuts or seeds at the same time.

**Vitamin D3** 15k-20k units minimum 1x daily (form=oil - Perque brand) hold Under Tongue for 2 minutes.

**Vitamin C** (buffered) 3x per day after meals to bowel tolerance. Plus: 1 tsp. of Liposomal Vitamin C (liquid) at bed-time (15 minutes prior).

**Takuna (Nutramedix) 30 drops 4x/day UT**

**Andrographis** 1 cap 4x/day

**Alpha Lipoic Acid** 1 cap (400mg) 2x daily (for loss of smell and taste)

**Activated Charcoal** 1 cap 1x daily with or without food

**Chlorella** 10 tablets 1x daily with or without food (more effective may be needed if severe, contact us for help)

**Energy Boost 70** (Fulvic minerals) 1 1/2oz 3x daily with or without food.

**IVERMECTIN:** by prescription or vet (previous studies already confirmed certain vet products effective for humans). If by prescription, follow daily dosage by weight. If by vet source (50 ml bottle for cow & swine vs paste), use standard calculation: 1ml/cc per 110 lbs. of body weight. Dosage should always be by body weight 1x daily on empty stomach in the morning at least 30 minutes before food... (Don't take vitamin C around that time). Under dosage may not work and over dosage can be harmful. Draw it out of the bottle with a 3cc syringe (20 or 21 gauge needle - because it is a thick solution), after wiping the rubber top with a sterile gauze or sterile cotton ball saturated with 80 proof ethanol (keep sterile). Let the ethanol completely air-dry after wiping the top before drawing up the Ivermectin. Then you can push into capsules and take orally, or squirt into mouth carefully and swallow (Do NOT Inject). Keep Ivermectin refrigerated after first dose/use. I do not suggest Ivermectin as a preventative. I know cases where it has not worked as a preventative/prophylaxis.

**Nasal Flush** (pump bulb or motor pump to effectively get deep into sinuses): Flush sinuses properly nightly before bed with Saline flush and can add 2-3 drops of diluted Iodine (Lugol's brand 2% or 5%) into the saline solution to flush. You can also add a few drops of diluted Food Grade hydrogen peroxide. Continue to flush nightly for several weeks. Iodine kills viruses and cancer cells on contact, and more... NOTE: **More effective for this purpose than nasal flush is to use a Nebulizer (see instructions on last page 8).**

**TKM:** Keep pulses balanced; especially #15s (due to the relation of blood clots- maximize for medium to severe cases) and the blood recipe= #5. #10. #5. #23 , #23-25 and Kidney sequences. Whether bleeding, bruising, severe angina pectoris/myocardial infarction/heart attack, stroke, H/A, neurological symptoms... - it is usually related to small vessel clogging/clotting from spike proteins , therefore #15 sequence becomes a very high priority to save lives. Apply as maximum as possible in severe or potential severe cases, extended time, repeated applications like a TKM ICU. Include Palming Calves, Large Intestine and Small Intestine applications. Can support with Immune recipe: 3rd MOC, Spleen, #15, #3, #23 (#23-25), #13, Liver, Trinity, plus #5,6,7,8 SEQUENCES. Median sequence daily, if not twice daily.

## Covid/Gene Therapy Shot - TRANSMITTING CARE

For those without the Shot (Recommended for spike protein and graphene oxide effects, ...)

**BEST so far: LUMBROKINASE Enzymes:** 40mg per dose: Take up to 2 caps 2 or 3x daily on empty stomach (approx. 45 minutes before food). It is 300 times stronger than Serrapeptase!

**Graphene oxide's** primary purpose is to carry payload into every cell into body. It penetrates cells and messages RNA/DNA -spike protein. Estimated 4 trillion per vial. Each cell will make additional messengers to spread through-out the body.

**Eastern White Pine Needle Tea:** If leaves, 1 teaspoon 1x daily. Let steep in a cup of hot water.

**Citus Rock Rose Tea:** If leaves, 1 teaspoon 1x daily. Let steep in a cup of hot water.

**NOTE:** Instead of **Eastern White Pine Needle Tea** and **Citus Rock Rose Tea**, you can take professional quality **Vitamin C** to replace them.

**Glutathione:** Daily If caps, 1-2x daily on empty stomach (1 dose should be 30 minutes before dinner or bedtime) If powder: take 1/2 a pencil eraser size and place under tongue (UT) for 15 seconds then wash down with water - 1x daily at bedtime (see note below).

**Dandelion Caps or Tea:** 1 teaspoon 1x daily. Let steep in a cup of hot water. If capsules: take two caps twice daily with a meal or between. **Note: Dandelion is a diuretic**, so drink plenty of water and expect more trips to bathroom.

**Oxygen:** Get plenty of good oxygen, breathing, or regulated supplemental oxygen.

**Activated Charcoal** 1 cap 1x daily with or without food

**Chlorella** 10 tablets 1x daily with or without food (more effective may be needed if severe, contact us for help)

**NOTE:** Glutathione because Graphene Oxide depletes glutathione and oxygen level. More will be learned as time goes on, it has only been months to research, discover and discern remedies for aid.

**TKM:** Keep pulses balanced; especially apply #15 sequences (due to the relation of blood clots- maximize for medium to severe cases) and the blood recipe = #5. #10. #5. #23 , #23-25 and Kidney Sequences. Whether bleeding, bruising, severe angina pectoris/myocardial infarction/heart attack, stroke, H/A, neurological symptoms - it's usually related to small vessel clogging/clotting, therefore #15 sequence becomes a very high priority to save lives. Apply maximum in severe or potentially severe cases, extended time, repeated applications like TKM ICU, it will work!

Support with 4th stratum (CDC 1 year study on Covid cases concluded fear made people the most susceptible to covid); Keep #3s open/functioning as well as, #23s, Kidney, and 3rd MOC sequences. Median daily, if not twice daily.

**Note: If contracted "Covid or any variants" then also apply the Treatment Protocol on page 2&3. PLUS see last page (8).**

## “Covid” Experimental Gene Therapy SHOT/JAB/VAXXED

Due especially to the mRNA and DNA synthetic aspects designed to permeate every cell of the body so quickly, the direct spike protein and Luciferase exposure ... there is not the normal time frame for regular treatments or the expected up-to-7-years average in TKM for RNA and DNA projects (according to standard TKM teaching). There are a few unconventional therapies claiming to make a difference, although it is on a case by case basis. In such a case I suggest applying all the recommended protocol for TREATMENT maximized, because there is no way to determine the individual urgency, but fear will only harm - not help. Take all appropriate action with faith in wisdom immediately. You may contact us for Individual help and advice ASAP.

**Vital to take: LUMBROKINASE Enzymes:** 40mg per dose: Take up to 3 caps 4x daily on empty stomach (approx. 45 minutes before food). It is 300 times stronger than Serrapeptase!

**Add Nattokinase (japan)** 8k units per dose: Take 3 caps 4x daily on empty stomach (approx. 45 minutes before food).

**Add Bromelain (quality)** 1k mg per dose: Take 3 caps 4x daily on empty stomach (approx. 45 minutes before food).

### **NOTE (Blood Tests):**

**There are blood tests to help confirm cause of symptoms related to spike protein contamination: Get a standard CBC with platelet count, and add D-Dimer; Prottime, and PTT.** Contact us with results! Doesn't matter what age, still need these tests. Standard medical doctor usually will not understand why.

**NOTE: Had Shot: Apply the Treatment Protocol on pages 2&3 (alter dose to Vaxxed dosage) Or, not vaxxed, but contracted “Covid or any variants” then also apply pages 2&3.**

**TKM:** Keep pulses balanced; Apply Extraction application immediately or as soon as possible and for prolonged periods; someone could Palm Calves at the same time; Take large dose vitamin C (bowel tolerance). If any immediate reactions (about 1-3%) apply TKM Anaphylaxis immediately for prolonged period.

Applications to follow through in all cases: Especially apply #15s (L&R 15 sequences- due to the relation of blood clots in small vessels beginning right after injection (according to studies) - maximize time per step and repeating for medium to severe cases) and the blood recipe= #5. #10. #5. #23, #23-25 and Kidney sequences.

Whether bleeding, bruising, severe angina pectoris/myocardial infarction/heart attack, stroke, H/A, neurological symptoms... - it is usually related to small vessel clogging/clotting.

Therefore #15 sequence becomes a very high priority to save lives. Apply maximum intensity in severe or potential severe cases; apply extended time & repeated applications like TKM ICU.

Include Palming Calves and large Intestine applications (detoxification for what is possible). Support with Immune Recipe applications: 3rd MOC, Spleen, #15, #3, #23 (#23-25), #13, Liver, Trinity, plus #5,6,7,8 sequences. Median daily, if not twice daily.

**PLUS:** Take heavy metal chelators, activated charcoal, High dose vitamin C (bowel tolerance daily) and other protocol mentioned in sections above for certain symptoms. Just know it doesn't address the genetic aspect.

**Activated Charcoal 2 caps 2x daily** with or without food

**Chlorella 15 tablets 2x daily** with or without food (more effective may be needed if severe, contact us for help). Plus, EDTA liquid 1 oz 1x daily after breakfast for 10 days, then regular dosage (1 oz 2x per week).

**Energy Boost 70 (Fulvic minerals)** 1 1/2oz 3x daily with or without food.

**Remember to PRAY and claim the healing Christ has already provided. Jesus does heal!** Jesus/Yeshua is more than able! If He is not your Lord and Savior, now is the time. He is our ultimate Healer and the One and only Salvation. You may contact us for prayer! We mean this with the utmost respect and heartfelt care for your well-being. We are here to help in anyway we can.

## **Added for Severe Spike Protein Contamination Issues whether Jabbed or Transmission**

**BEST so far: LUMBROKINASE** Enzymes: 40mg per dose: Take up to 3-4x daily on empty stomach (approx. 45 minutes before food). It is 300 times stronger than Serrapeptase!

**2nd choice:** Nattokinase (japan) 8k units per dose: Take 3-4x daily on empty stomach (approx. 45 minutes before food).

**3rd choice:** Bromelain (quality) 1k mg per dose: Take 3-4x daily on empty stomach (approx. 45 minutes before food).

### **NOTE (Blood Tests):**

**There are blood tests to help confirm cause of symptoms related to spike protein contamination:**

**Get a standard CBC with platelet count, and add D-Dimer; Protime, and PTT. Contact us with results!**

**NOTES:** Did you know that of the tens of thousands of different enzymes in your body?

99.99 percent of them have nothing to do with digestion.

Enzymes known as proteolytic or fibrinolytic enzymes are designed to break down proteins, but not just the proteins in your food.

When you take enzymes with food, they stay in your intestinal tract to digest food.

However, when you take proteolytic enzymes between meals or when food isn't in your stomach, they help clean up your blood and make their way to your tissues and organs via the blood.

How can you tell if fibrinolytic enzymes might offer you potential benefits? They may if...

- » If you have concerns about your blood pressure or heart health.
- » You have blood flow issues anywhere in your body.
- » You're troubled by pain.
- » You have a buildup of scar tissue from an injury or surgery.
- » You feel tired and can't seem to get enough rest to feel fully recharged.
- » You're deficient in certain minerals.

\* Spike Protein contamination!

These enzymes help remove fibrin (a clotting material that your body makes that can restrict blood flow in your arteries and connective or muscle tissue).

These Enzymes:

- » Support dissolving and removing fibrin's cross-linked proteins.
- » Improve blood flow to tissues by reducing platelet aggregation or blood cell clumping, sometimes called "sticky blood."
- » Inhibit pro-inflammatory prostaglandins like thromboxane.
- » Support your body's ability to reduce hardening of your arteries.

**Lumbrokinase** Enzymes are a blend of fibrinolytic enzymes that assist your body in clearing away fibrin, clots and biofilms that can hide bacteria and allow them to escape detection.

Sourced from the Lumbricus rubellus earthworm.

Lumbrokinase Enzymes' fibrinolytic activity is nearly 30-times stronger than nattokinase and about 300-times stronger than serrapeptase.

Currently in the world, we need to take action now for a healthy heart, cardiovascular, brain, immune system, muscles and more. Directions Suggested Use as Maintenance for Adults, as a dietary supplement, take one (1) capsule daily on an empty stomach about an hour before food.

**PLUS see last page (8).**

Keep all this information on hand along with the products needed! Also SHARE This with everyone possible!  
GET WHAT YOUR MAY NEED NOW!

All These are getting harder to find and purchase, plus some prices are multiplying - some as much as 10x.

There are resources now to contact for help - to provide more than standard care, legal aid, medication...

First try America's Frontline Doctors -<https://americasfrontlinedoctors.org/>

Dr. Stella Immanuel - <https://drstellamd.com/>

And many others - contact us if needing help or advice.

### BRIEFLY:

To use as a Preventative, because primary entry for "viruses" is through the nasal passages.

Acquire: Povidone-Iodine 10% topical solution

Use a Nasal Sprayer or Nose Spray Bulb

Use 0.5 tsp in 1.5 oz water.

Squirt or Spray Up Nose, Sniff Back, Spit Out. Repeat.

Keep handy to use each time when you feel you may have had a possible exposure!



**Plus, Get a regular Nebulizer machine - Purchase Now!**

**This is powerfully effective to help each situation and possible future situations.**

(average cost is approx. \$30)

with mask for mouth and nose.

Purpose is to inhale through mouth and each nostril.

You could use a regular attachment, but inhale through mouth, then each nostril.

Get 3%, only **FOOD GRADE Hydrogen Peroxide** (must say food grade on bottle)

Average Dilution = 1 part HP to 5 parts distilled water or saline or colloidal silver

**If infected:** Nebulize an average of 10-20 minutes up to 3 to 4 times daily depending on need/severity.

If you get 35% Food Grade HP, then dilute More ( Do not use 35% straight/undiluted for use).

Some people use 3% undiluted but it may slightly burn, tingle, or numb tissues for a little while.

**The strongest dilution I would propose would be 1/2 and 1/2.**

Preventative use = 1x weekly - average 5-10 minutes

Minor needs = 1x daily - average 5-10 minutes

Confirmed sick = 1 to 4x daily depending on severity of need - average 5 to 15 minutes each time.

**Note:** Use a less diluted solution to nebulize when need is greater.

We will update this Information as more may be revealed. Stay informed!

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