#### **Attitudes Produce Fruit**

For good health and a strong immune system, <u>especially for health recovery</u> - Having a good attitude is essential.

The is True for those in Christ as well - blessings, victory, and for health. Look up the definition for attitude.

Everyone has some type of an attitude! Individual people, even churches, businesses, cities, and families... have a general attitude you can see and feel.

Typically, people of the same attitude attract each other.

We all have a choice to conform to the right attitude and be Transformed.

#### Nothing can help a man with the wrong attitude!

Not money, advice, opportunities, favors... Nothing! A man's attitude will win out every time.

1. We choose our attitudes! We choose to Hate or Not to hate.

We choose to Fear, or Not to Fear

We choose Pride, ego, self-focus, or focus on others.

We can choose humility and recognize by choice - that humility is a Strength.

**2. Attitudes are not caused by people or circumstances!!!!** We choose despite our circumstances or anyone else in our life. The only excuse we have for our attitudes - is our Choice.

Remember Paul, after being beaten with rods - was filled with Praise to God - chained up in a dark dungeon. That is a winner attitude! His focus was the goodness of God despite circumstances.

3. Happiness is a chosen attitude, not a state of being.

Most happy people make that decision when they wake-up each morning.

FYI: Many comedians come out of horrific circumstances!

It is never people or circumstances that create our attitudes, it is always our choice!

Many people will say it's just my nature, or my automatic response. But that is just a habitual response due to our previous attitude choices in response to circumstances. We chose them in the beginning and we can choose to change them at any time or age.

Some people choose to share their PAIN. While others share Happiness! All of these perspectives, responses, and choices come from what is in our heart! You can change everything that is in your heart by making different choices - starting now.

**Happiness cannot** be traveled to, owned, earned, traded for, or bought. It is NOT something you arrive at or obtain by any means. **It is chosen and adhered to!** 

4. God rewards good attitudes and allows your choices that bring discipline to bad attitudes.

<u>So do parents!</u> God is a good Father, and will not leave us alone with our bad choices. God will also bless your good choices.

You can easily see bad attitudes in children, you can also see them in adults.

Our attitude determines what happens in our life more than any other single thing!

It is God's design. Read James 4:9-10

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**Pride** is an attitude! It is a very destructive attitude.

**Humility** is an attitude! God loves humility!!! Read Hebrews 12:7-13

### Pouting and self-pity are bad attitudes.

God's design and heart is always for our good! Therefore, God does not desire it, but allows our bad choices - that bring it's harvest and often reminders of the bad choices, Hopefully, we correct the attitude, so it will bring good harvests of blessings. God gave us a will and He does not take it away. We have blessings and curses, not from God, but from or choices! God loves you and always desires blessings for you! It is like the confusion many have about God sending someone to hell. Our Father in heaven has never sent anyone to hell, each individual makes his or her choice. We are not God's robots, we are made in His image and have authority and the power of choice here in every circumstance. Example: You can only receive Christ by the sincere choice you make. No one can make you be Saved from the ultimate consequences of our life and choices. But, that door of salvation is always open to those who desire and choose. Choices are very powerful! Words are very powerful! Your thoughts are very powerful, as well as what is in your heart! You know what else is very powerful? Your powerful ability to change any and all of it. It first starts with a decision.

If you resist and do not change, then life's discipline versus blessings will continue. Seed, time and harvest cannot be avoided, except for the blood of Christ.

No matter the history, past, or current circumstances, or future outlook - you can change any negative attitudes to positive, meaning: right in God's eyes, not self-righteous, but to Humble Positive Attitudes! AND you will be Blessed!!!!! Your life will prosper in every way according to the changes you make.

**God knows how His creation works.** He is trying to guide you to what works - in your life - for your good!

Think about a pilot and his position indicator, or Attitude Indicator. It can show if your nose is too high - so you can make corrections to avoid losing all ability to fly high. If the nose is tilted down, if not corrected - you will crash! God is FOR You, and has built this system into His creation, which includes your body, to produce strife or blessings - depending on your attitudes (thoughts and feelings). **Actions**, will follow the thoughts and feelings.

**5. Good attitudes precede and predict success**, favor, promotion, etc. While Bad attitudes precede and predict failure, disfavor and demotion in your life.

Nothing can stop a person with a good attitude!!!!!

Not circumstances, history, education, friends or family.

Nothing, can stop person with a good attitude!!!

No suicide, no giving up, giving-in, or failure - because of the loss or loser attitude.

**Abraham Lincoln said: We are as happy as we decide!** If you know anything about this man's life, which is easy to look up - he had every excuse to give up, to stop, to justify a defeatist attitude. But, he did just the opposite. He chose his attitude despite circumstances.

# Attitude is greater than aptitude! A calm sea never created a good sailor!

What would be a good attitude in challenging circumstances? Lord, what can I learn from You in this? What can I learn from this circumstance to grow and become better in my life for Your purpose and Your people? What good will I learn? Always look for the good!

You can sing or you can cry! You can rejoice or you can complain? These are choices and attitudes that will determine your future - and successes, or failures.

**Setups in Attitudes!** Something to beware of!

- 1. Wrong expectations. False optimism. Realism optimistically works!
- **2. Comparing up!** It is guaranteed failure! It is a terrible defeating view creating wrong attitudes. Any Comparing is a setup. Identify with what God says about you
- **3. Negativity!** It is like a disease that eats you up from the inside out, and those around! **So, what do you do?**
- A. Gratitude toward all
- B. Faith in God, and in good outcomes
- C. Humility! Humility is unnatural, you can see it in the attitudes of babies and children. Pride is fleshly, natural, and wrong!!! We must choose the attitude of humility every day and in every circumstance. Or, the spirit of pride is ready to overtake you.
- **4. Judging!** It sets you up for pride and negativity. We do not have the right to judge and it never produces good fruit in your life. We don't even have the right to judge ourself.
- **5. Honor!** Honor others! When? Always! Honoring others is honorable! Watch your motives, it shows the attitude in your heart. Do not be concerned with your own honor. That is just pride. Respect and honor creates great attitudes!

## Your attitude will determine your life more than any other thing in life!

And, you determine your attitude. You alone determine your attitude!

What TKM can Help: **Mediator sequence**, **or Attitude sequence** 3rd MOC

#13 sequence

But, Mediator provides you the greatest opportunity to see where you need an attitude exchange!

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