

Monday, November 7, 2005

## **Toothprints**®

Another way to keep your children safe

It's almost no surprise to turn on the television these days and see an Amber Alert for missing children and juveniles. It's also no surprise to constantly see pictures of missing children on post cards in the mail or bulletin boards at local mega-marts.

The National Center for Missing and Exploited Children estimates there were 797,500 missing children in 1999 with 58,200 abducted by nonfamily members, 203,900 by family members and 115 "stereotypical kidnappings," the most serious of all cases.

A not-so-new method of identification is gaining more popularity with law enforcement officials in regards to missing children. Toothprints®, created in 1999 by Massachusetts pediatric dentist David Tesini, DMD, MS, is a Thermoplastic biteplate the records a child's unique tooth characteristics.

These easy-to-make and inexpensive dental impressions can be stored at home in a sealed plastic bag. Toothprints® not only store tooth impressions but DNA from saliva as well, a very helpful tool for police dogs to search for missing children by scent.

The Safe Kids Identification

Health News Updates are a free service provided by King Institute, Inc. Please feel free to print and give these to your family, friends and clients.

Program (SKIP) uses Toothprints® in their digital identifying of children, along with vital statistics and profile photographs, which can all be sent out to police during the critical first three hours after the report of a missing child.

Plastic bite plates can be purchased online. A child's dentist or orthodontist can also make dental impressions during a regular visit, usually a no extra charge.

Dental impressions made at home are simply and quick. Simply warm the bite plate in some hot water as instructed by directions provided on or in the package. Once the plastic is soft and impressionable, have the child open his or her

mouth as wide as possible and then bite firmly onto the plastic plate. Make sure the plate goes back far enough in the mouth to capture all the teeth.

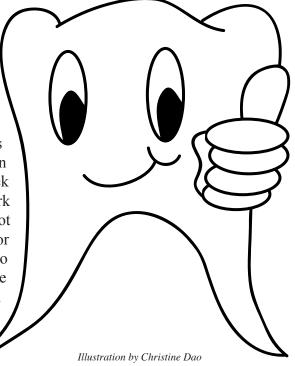
Once you take the bite plate out of the child's mouth, quickly seal it in a plastic bag (a zip lock sandwich bag will work perfectly). Remember not to wash the bite plate or keep it out of the bag too long, which can otherwise contaminate the DNA in the saliva.

Dentists recommend

parentstotakeperiodical impressions to keep up with a child's changing mouth.

Family Safety First says initial impressions can be made at age three, when all primary teeth have erupted. An updated impression should be made around age seven or eight, after the upper and lower incisors and the first permanent molars have erupted. Another update should be made around age 12 or 13, after all permanent teeth, excluding 3<sup>rd</sup> molars, have erupted.

More information on David Tesini and Toothprints® can get found at www.toothprints.net. ■



## Making dental floss more effective

You know the drill. Brush twice a day and floss once to keep those pearly whites healthy and strong.

Though somewhat of a chore, flossing is an important step in healthyteethAND gummaintenance. Flossing gets food out of places that a toothbrush simply can't reach.

While dental floss choice is entirely up to you, we suggest, for the natural health conscious person, to use plain, flavorless dental floss. Most dental floss is flavored with mint, which inhibits any homeopathic or similar treatments.

A high quality maleluca (Tea tree) essential oil, added to floss can increase flossing effectiveness (we recommend Young Living or Nature's Sunshine brand essential oils).

Maleluca's antibacterial properties on floss can get help kill bacteria in between teeth where floss can reach.

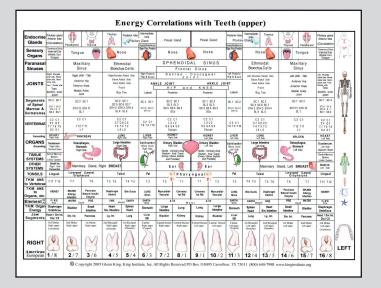
Also, apply baking soda to floss. Baking soda is a mild abrassive that can clean teeth plaque off teeth without harming teeth's protective enamel. Baking soda can also be used as a substitute for regular toothpaste, which contains floride, which has a debilitating effect on the immune system. Simply brushing with baking soda and a drop or two of Maleluca oil will provide an excellent natural, antibacterial tooth cleaner and breath freshener.

## Now Available!

## The most comprehensive tooth chart to date!

The Teeth charts with color graphics help illustrate the correlations of teeth to organs, glands, structural relations and systems in the body. It is a two sided chart with upper teeth on one side and lower teeth on the other side. The chart includes the most up-to-date correlations available internationally from the most respected experts in the health field as well as The KI Method® correlations to the vital functions and systems of the body.

The charts are \$10 plus S/H. You may order the chart by calling the King Institute, Inc. at 800-640-7998. The charts will be available to purchase on our website within two weeks.



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